



## Instructions for Making Your Own Lavender Sachets

### Your Lavender Sachet Kit Includes:

Lavender Buds  
Fiber Bits  
Lavender Essential Oil  
8 Cotton Muslin Drawstring Bags

### Items you will need to supply on your own:

4-8oz Glass Jar with lid  
Large Mixing Bowl – preferably glass  
Large Spoon – preferably stainless steel  
Optional – Sewing Machine



### To Begin:

12-24 hours before you can assemble your sachets you will need to prepare the Fiber bits.

You will need a small glass jar with a tightly fitting lid.

Place the Fiber bits in the jar and add the Lavender essential oil provided.

Tighten the lid and shake.

Shake the fiber bits and Lavender essential oil often during the next 12-24 hours.

Once the fiber bits have absorbed all the essential oil you can begin to assemble your sachets.



### Disclaimer:

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**ASSEMBLY:**

Once the fiber bits have absorbed the Lavender essential oil you can begin.

In the large glass mixing bowl place the Lavender buds.

Then add the scented Fiber bits and gently fold them into the lavender buds.

Next take one for the Cotton Muslin bags and using the spoon pour and pack your 'sachet' with the Lavender bud/fiber bits blend.

Set each bag aside until you have used all the lavender buds.

The kit includes enough material to make 8 nicely filled sachets.

Once you have filled the muslin bags simply pull the drawstring tight to close the bag and then tie the bag shut.

Option: is to use a sewing machine and stitch the open end shut. Remove the 'drawstring' if you want after you have sewn the bag shut or leave attached if you wish to 'hang' the sachet in a closet.



**SEE our HOW TO "Make Your Own Lavender Sachets" VIDEO on our Website.**

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