

Holiday Scented Home

Thanksgiving will start off the Holiday celebration season. Many families and friend will gather. Every home will want to be fresh and inviting.

Scents of the season include the spicy ones - Cinnamon, Clove, Ginger, Sage and Nutmeg. And Several Citrus ones Orange, Tangerine and Mandarin.

As we approach the end of the year, enter in the following scents Peppermint, Spearmint, Anise and of course Pine, Spruce and Fir Needles along with those mentioned previously.

Entering the New Year - well, you can choose from any or all of the above and even choose new ones. That is entirely up to you.

Here are a couple of fun blends for the next few days.

Thanksgiving Diffuser Blend # 1

Cinnamon - 10 drops
Mandarin - 10 drops
Clove 5 drops
Lemon - 5 drops

Blend together and add to the melted wax of a tart warmer. Stir with a wooden spoon to blend into the wax. Placing the essential oils in the wax will allow you to attend to your quests and not have to reapply essential oils to a pad or fan diffuser.

Thanksgiving Diffuser Blend #2

Orange - 10 drops
Ginger - 5 drops
Nutmeg - 3 drops

Blend together and add to the melted wax of a tart warmer. Stir with a wooden spoon to blend into the wax. Placing the essential oils in the wax will allow you to attend to your quests and not have to reapply essential oils to a pad or fan diffuser.

Hope you enjoy these blends, they are warm and exciting.

Enjoy the time with your family and friends, laugh, reminisce, play games, be warm and stay safe.

Happy Thanksgiving!

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Aromatherapy Tip of the Week

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